

INVITATION TO
the youth exchange
THEATER AND YOUTH
Cefalu, Sicily, Italy

DATE: 23 October - 31 October 2018 (23rd is arrival day, 31st is departure)

Please, confirm your arrival/departure dates before booking the tickets!

VENUE: camping San Filippo, near Cefalu, Sicily, Italy

WORKING LANGUAGE: English (but it's also not a problem if you or someone of your group doesn't speak it)

PARTICIPANTS: 8 participants (16-30)

COUNTRIES:

- Slovakia
- Macedonia
- Poland
- Estonia
- Italy



SUMMARY OF THE PROJECT:

Increase the approach of young people to the culture and the languages of the theater and stimulate their direct involvement is the aim of the "Theater and Youth" Erasmus+ youth exchange project that aims to involve young people from Italy, Estonia, Poland, Slovakia and Macedonia.

The project starts from the belief that theater has great educational value. Theatrical activity, both in the form of an active laboratory and in the form of a participatory vision, can respond to urgent needs that young people face in the different situations that contemporary society imposes on them every day. The project aims to encourage the process of maturation and the consolidation of the ability to interact in a conscious way with others, developing socialization, the

spirit of collaboration and mutual acceptance. The use of verbal and non-verbal languages and of mimic-gestural and musical communication, respect for the rules, of ourselves, of others, and the dramatization activity will develop in children a greater expressive ability and a greater knowledge of themselves, of one's own abilities, of their limits, enhancing self-control and self-esteem.

The theater is a double face instrument with which you can tackle interesting and socially demanding topics with an artistic spirit and capable of awakening the creativity of young people. Young people can show their cultural identity and their personality through the art of acting. This exchange will cover topics such as European citizenship, xenophobia, and cultural and social diversity and will be an example of what we mean by intercultural dialogue, which enriches people on a social and personal level. The idea came from some young people, who work with acting, theater and set design, some of them acting at the Theater Art Academy and have experience with acting at the professional level both with young people and with children. Then they are the right figures to motivate and work with groups of young people who have different levels of interest in the theater.

Youth exchange could be a good opportunity to approach theater as a collective art form: making theater means first of all work in a group, listen to yourself and others, concentrate on a common goal, but it will be the starting point for comparing different European cultures, traditions, etc. We believe that similar projects can increase the sense of interculturalism, increase the personality, interest in dialogue and comparison thanks to the presence of 40 young people from different European countries

During the 7 days, the program planned for the cultural exchange project will focus on practical and theoretical workshops on theatrical issues, artistic expression, non-verbal theater and pantomime, it will work with theatrical excerpts of a certain importance, and finally with the 'improvisation.

Participants will discuss the importance of theater in modern society, and through practical workshops, discussions and meetings with industry professionals will learn more about the different styles of acting. The young people themselves will be involved in acting and will create their performance on particularly important social issues in Europe.

We have foreseen a meeting between the young participants and the small theater company of Cerda, home to the exchange, with which we can organize a day of cultural and theatrical exchanges. At the beginning of the exchange they will prepare the "intercultural dinner" where the participants will know the various types of foods and drinks typical of the participating countries. Day after day each participating country will present their country in the so-called "national evenings" thanks to various interactive tools such as presentations, videos, photos, games, traditional dances and songs, etc. At the end of the exchange there will be the presentation of Italian culture. All intercultural dinners will be available to the public. Our goal is to get in touch with the local community and to share the project with them. We have previous collaborative experiences with the municipality of Cerda and the Mayor, but also with local associations and thanks to their contacts and their logistical availability always guarantee excellent visibility of the project.



ACCOMMODATION:

The accommodation is paradise for the Eyes is a Camping Area near Cefaly (3 KM far from the most touristic town in Sicily) <http://campingsanfilippo.com/>

As well as we would stay there in october, take with you warm clothes and an outfit appropriate for camping.

The place includes a private access which leads the participants inside a tiny enchanting natural gulf. **It is very very important that all the participants organise to bring a tent and the sleeping bags** with them or at least 2-3 participants one tent.

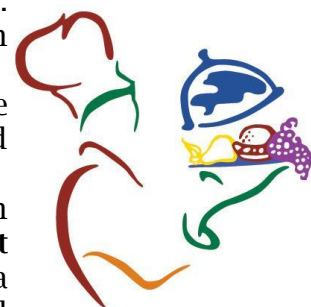


FOOD:

The food will be prepared on a grill and served for you in the camping. The help in the kitchen and with the dishes is very much welcome from the participants. We will eat simple camping - style food.

A little bit of traditional alcoholic drinks will be allowed during the Intercultural dinner. Just it is very important that this must stay a bit and under very responsible consumption.

If you have some special needs for food (vegetarian, etc.), please, inform us about it beforehand. We can provide you with just **“with/without meat”** vegetarian food, but if you have some very complicated diet, or as a vegetarian you would like to have some special ingredients, we would appreciate if you could **take** the food that you need **with you**.



TRAVEL COST:

We will reimburse to you 100% of all your actual cheap travel costs for the way go and back within a limit. Confirm us before you book your ticket, its price. We will not reimburse or accept the participants, so long we don't agree about their participation. It is very important that you keep ALL your travel documents, including the boarding passes, if travelling by plane.

You must give us all your tickets, including also your return tickets that must be already bought for the moment of the reimbursement (during the project itself), otherwise if we do not have a ticket, we cannot consider it for the reimbursement.

It is very-very important. You must use the cheapest travel option that is possible (buses, trains, low cost airlines, etc.)

We will only reimburse you the travel costs if you participate actively in the **WHOLE** project and if your behaviour is adequate to the activity (e.g. late arrival, excess of alcohol consumption, non-respect of the staff or the other participants, drug abuse, etc. - this all is a non-adequate behaviour). If you have any questions about the travel costs or financial matters, the group leader should contact us before you buy your tickets.

It is also very important that you choose the cheapest travelling way that is possible (using low costs airlines). Also, only the flight cost will be reimbursed and no any extras, like extra luggage, priority boardings and so on. We will also only cover the costs from the participant country to the activity place.

No any tickets that are not directly linked to the project will be accepted. (e.g. if you travel from Poland and stop in Milan or Paris for one day, your ticket will not be covered). We want to have the participants, who come to the activity, where almost all the costs are already covered by the project and who will not use this as a way to have free holidays.



MONEY:

There is a participation fee of **60 euros** that will be charged from every participant of the training. This fee is obligatory.

☐100% of your travelling costs will be reimbursed on the condition that the person has all the bills, tickets and boarding passes (when travelling by a plane) to present to us.

☐100% of costs of simple accommodation and basic food are covered by our organisation "196 Paesi".



☐The travel costs will not be reimbursed to people who are not taking part of the entire training or not respecting the rules of the exchange.

SECURITY:

Please don't take any big cash amount of money with you. We will live in a commonly shared space and it is your personal responsibility to take care of your own belongings.

INSURANCE:

We highly recommend that each participant takes care of own additional travel insurance for the full duration of the project with travel days included. Please, make sure also that you have a valid European health card with you.

PROFILE OF PARTICIPANTS:



- Age: 18+
- 7 participants + 1 group leader from each country
- Please, try to keep gender balance in your groups.
- Erasmus+ is a program that supports disadvantaged young people, so we would like to make this project open for the participants with fewer opportunities. Do not hesitate to include people with fewer opportunities into your group! The accommodation is adapted to special needs, so there is no problem with this. If you are thinking or you know there will be people with disabilities, or example, in your group, please tell us as soon as possible, so that to have it in mind. We will prioritize these people for your selection.
- English is our work language, but it is not an obligation. We will have some meetings and discussions, so it will be recommended to have at least a basic knowledge or to ensure the translation in your groups. But don't be afraid of the language barrier! We will find together the way to overcome it.
- People who are interested in the topic of the project.
- People who share the volunteering spirit.
- Young (and not only), motivated, nice, cheerful and smiling participants with good mood.
- We want to give a chance to the newcomers in E+ program and we will not accept the participants, who have already made more than 3 similar international activities in the frame of E+ during the last 12 months.
- We will not reimburse the costs for the people, who are not taking care of this rule. If there are questions that appear about it, please, contact us and we will individually analyse case by case and will take a decision.

Young people with fewer opportunities will be privileged.



YOUTHPASS:



Each participant will receive a YouthPass, which:

- Certificate of non-formal education (you will take part on an educational activity)
- You can include it in your CV and use it for school, university, new job, etc.

In the beginning of the project we will divided participants into a small groups that later will work every evening in the reflection groups where they'll talk about the day, activities, what they have learned, etc. With all these notes, at the end of the Exchange will be a workshop where the participants will work in their own YouthPass.

YouthPass will be reached on the end of exchange.

YOU WILL NEED...

- Towels and personal things.
- Warm clothes and outfit appropriate for camping.
- **TENTs and SLEEPING BAGs**
- Typical food for **intercultural evening**.
- Poster, leaflets, card, videos, typical music... from your country, region, city.
- Info, presentation, material, stickers... from your organization.
- Warm clothes.
- Camera, laptop and other equipment making life and work easier.
- Ideas, games, ice breakings, dances and folk for your cultural evening.
- Good mood and energy to be active!



If you have any questions or suggestions, feel free to contact us!

Mail:

Join the FB group: [Theater and Youth, Cefalù 23-31 October](#)

See you soon! :)



Erasmus+