

# Invitation to the Youth Exchange



“Life as a Fairy Tale”

**Toila, Estonia**  
2 – 10 April 2018

## Summary

The youth exchange "Life as a Fairy Tale" will bring together in Toila, Estonia, young people from various European countries to explore roots of their cultures through national and international fairy tales. Fairy tale is the exact example of cultural heritage, which is unique for every country or region and is important to understand cultural roots.

Through expressing fairy tales by various types of art, participants will get to know more about their culture as well as culture of the others. They will enrich themselves in an artistic way and they will awake their creativity.

Nowadays, traditional fairy tales are not that popular, like the new and modern kinds. This exchange is great opportunity to bring these old fairy tales back to life. During this youth exchange, young people from Poland, Czech Republic, Estonia, Italy and Macedonia will be able to discover and compare their cultural heritage and artistic way of life. Together they will be able to find a common European heritage and culture.

The 7-day programme of the youth exchange will consist of various practical and active workshops, devoted to many kinds of artistic expression like theater, drawing and painting, fine art photography, etc. Participants will also discuss about importance of our traditional culture in these days and importance of fairy tales. They will compare current fairy tales with their European cultural heritage. Practical workshops will be complemented by debriefing, discussions and other reflective sessions. Participants will be able to propose their own ideas and carry out workshops. Young people will also create performances of the fairy tales they will think up and create from scratch. A short video will also be created and disseminated.

Participants will also communicate and interact with the local community in Narva, where one day trip project will take place, as well as in Toila, where the exchange will take place. In the beginning of the exchange they will prepare the "intercultural dinner", where participants and local community will be able to see and try various kinds of typical food and drinks from participating countries. Day by day every participating country will present their country in so-called "national evenings" by various interactive tools, like presentations, videos, photos, games, traditional dances and songs etc. In the end of the exchange there will be presentation of the Estonian culture.

## Basic information

- Duration: 7 working days, Arrival on 02.04 and Departure on 10.04. We will be in Toila during the whole exchange. If you plan to spend some time in Tallinn, please, book the travel a couple of days before or after the exchange.
- Venue: Estonia, Toila
- Groups: 7 young people (18-25 years old) plus 1 group leader (no age limit) = 8 participants per country
- Working language: English

## **Countries**

- Estonia
- Czech Republic
- Poland
- Macedonia
- Italy

## **Activities and Program**

- Name games, ice breakers, getting to know each other, team building activities
- Presentations of the countries and organizations
- Erasmus+ program and Youth Pass tool
- Workshops on the topic of the exchange
- Reflection groups – we will have time every day to prepare the Youth Pass. We will reflex about the daily activities, the skills we have learned, our attitudes and our knowledge
- Evaluations – every morning we will make a short evaluation of the previous day where you will have the opportunity to express your feelings and thoughts. In the end of the project there will be a Final evaluation so that we will know how the full experience was and prepare the Youth Pass.
- National evenings – in the end of every day each group will have the chance to present their country. For this reason you will need to bring some typical food and specialties along with a presentation, national dances, games, etc.

## **Profile of participants**

- Age: 18 – 30
- 7 participants + 1 group leader (no age limit) per country
- Please, try to keep gender balance in your groups!
- Erasmus+ is a program that supports disadvantaged young people and we would like to make this project open for people with fewer opportunities, so do not hesitate to include such people in your groups! If you know that there will be people who are handicapped, please let us know as soon as possible, so we can organize the practical aspects. We will prioritize this kind of people during the selection of the participants.
- English is our work language, but it is not obligatory. We will use it for our activities and discussions, so it would be good if you have at least basic knowledge. But do not worry about it, people from your team can always help you with translation.
- Young, motivated, nice, cheerful and smiling participants, who are interested in the topic, share the volunteering spirit and bring good mood!

## Youth Pass

Each participant will receive a Youth Pass certificate.

- This is a certificate of non-formal education that is valid in all EU member countries.
- It will help you make self-evaluation of your learning process during the exchange.
- You can include it in your CV and use it for school, university, when looking for a job, etc.

Every day, in the end of the sessions, we will divide you into reflection groups and you will have discussions about the day, the activities, what you have learned, etc. In the end of the exchange there will be a workshop where you will use all these notes to work on your own Youth Pass.

You will get the certificate in the end of the exchange.

## TRAVEL COST:

We will reimburse to you **100% of all your actual travel costs** for the way go and back to a maximum of 170 euros.

It is very important that you keep ALL your travel documents, including the boarding passes, if travelling by plane. You must **give us all your tickets**, including also your return tickets that must be already bought for the moment of the reimbursement (during the youth exchange itself), otherwise if we do not have a ticket, we cannot consider it for the reimbursement. It is very-very important.

You must use the cheapest travel option that is possible (buses, trains, low cost airlines, etc.)

You can search for the low costs flights to Tallinn, but also to Riga or Vilnius.

We will only reimburse you the travel costs if you participate in the WHOLE youth exchange.

If you have any questions about the travel costs or financial matters, please contact us before you buy your tickets.

## MONEY:

There is a **participation fee of 40 euros** that will be charged from every participant of the exchange. This fee is obligatory.

100% of your travelling costs will be reimbursed on the condition that the person has all the **bills, tickets** and **boarding passes** (when travelling by a plane) to present to us.

100% of costs of simple accommodation and basic food are covered by our NGO.

The travel costs will not be reimbursed to people who are not taking part of the entire youth exchange or not respecting the rules of the exchange.

### **Security:**

Please don't take any big cash amount of money with you. We will live in a commonly shared space and it is your personal responsibility to take care of your own belongings.

### **Insurance:**

We highly recommend that each participant takes care of own additional travel insurance for the full duration of the project with travel days included. Please, make sure also that you have a valid European health card with you.

### **Food**

The food will be prepared and served for you in the centre. The help in the kitchen and with the dishes is very much welcome from the participants.

We will eat simple homemade food. Our cook is great and nice and really committed to our well being. I'm sure you will love her.

**A little of traditional alcoholic drinks** will be allowed during the Intercultural dinner. Just it is very important that this must stay a bit and under very responsible consumption.

- If you have any special needs (vegetarian, allergies, etc.), please, inform us in advance. We can only provide you "with/without meat" vegetarian food. If you have a very complicated diet, or as a vegetarian you would like to have some special ingredients, we would appreciate it if you could bring the food that you will need with you.

### **Accommodation**

You can see all the info on this web site: <https://motovilla.ee/en/>

## Rules

- This is an international and EDUCATIONAL project granted from the European fund. The participants should be aware that they are not on a holiday here (although we will all have a good time together). It is a special task for the group leaders to TALK about this with their groups. Alcohol consumption should be minimalistic and extremely reasonable during the project. Problems with alcohol can lead to sending the participant home without reimbursing the travel costs. Thank you in advance for your cooperation.
- No drugs
- Be on time
- Respect each other
- Cleaning
- Active participation
- We will talk more about the rules at the place.

## You will need...

- Warm clothes for the evenings
- Sport clothes
- Typical food and drinks for the intercultural evening
- Posters, leaflets, cards, videos, typical music from your country/region/city.
- Info, presentations, materials, stickers from your organization
- Camera, laptop and other equipment that will make your life and work easier
- Ideas, games, ice breakers, folk dances for your cultural evenings
- Energy and good mood for active participation

## Before the exchange

While you wait

- The previous contact is really important for us, so please, pay attention to all the news we send you.
- Join the Facebook group of the project and add the other members of your group to it.
- Later we will keep contact with you to continue developing our exchange and we will ask again for your active cooperation to manage the groups and the allocation of the tasks and work groups within your national teams.

National team tasks



- Select the participants as soon as possible and send us the list with their personal information.
- Please, organize a meeting with your group in order to give them all this info.
- Make sure you explain carefully the details about our non-alcoholic policy and about the things they need to bring and prepare in advance.

### **During the exchange**

- We will have Team Leaders' meetings every day with the group leaders and we will discuss your groups' needs, check the participants' mood, speak about the exchange, develop it and try to do our best for the successful running of the project.
- It is important to have active participants and this starts with the group leaders. So your active cooperation will be more than welcome!

### Homework

- Presentation, posters, photos of your country and organization
- Information and resources for the workshops
- Creativity, ideas, examples, videos...
- Keep in touch with us!

Thank you so much for joining us and being a part of this exchange!

For more information contact:

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